

EP EXTRA

Endless Possibilities Life Coaching Services Monthly Newsletter



MAKE IT A BANNER YEAR

By: Life Coach Jessica

The New Year is a great time to start anew. It gives us a chance to review the previous year by picking apart the activities, feelings, and choices that made us better human beings, and those that did not. This gives us an opportunity to close the doors to things that don't make us better people, and allow new and exciting adventures that can to begin. So, why not start by making 2019 a banner year? This is your chance to become mindful of the overall flow you wish to be present in this coming new year. Once you've settled on the type of year you'd like 2019 to be, pick one word to describe this year's overall theme. Now, 2019 is a banner year!

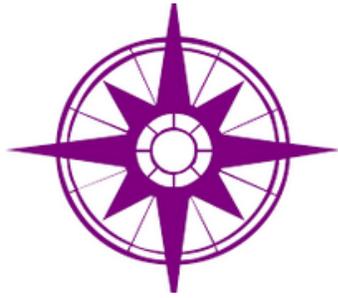
DOWNTOWN EVENTS!

1-9 5:30-8pm: Wine, Women & Chocolate

1-19: 1-4pm Taste of Deland

1-26:: DeArt in Deland Fundraiser Event

Every Friday 6-9pm:
Artisan Alley



Upcoming Events!

Parent Support Groups

Held 9-10AM

1-12: Parents of Teens
(Topic: Situational vs
Fixed Parenting)

1-9: Parents of
Preschool & Elementary
(Topic: The Art of
Letting Go)

Teen Support Group
every Tuesday Jan. 8-
29 from 4-5pm.
(Topics: Peer Pressure,
Change & Self-Worth)
\$10 per Group

Jan. 26th 9-11am
YOU are a PowerHouse!
Workshop

GIFT CERTIFICATES
ARE NOW
AVAILABLE!!

101 N. Woodland
Blvd., Suite #207 in
Downtown Deland
386-507-9300

New Growth!

With another year under my belt as a Life Coach and owner of my own practice, I like to take stock of the service I've provided throughout the previous year with an eye on what more I could bring to my work and community. As such, I have set my eye on several exciting new projects and a few reduced fee service opportunities. My hope is to be of helpful service to my clients and surrounding community. Please follow my FB page @epcoachingservices or Instagram @endless_possibilities_lcs to keep up with the coming additions.

